AUTHOR & SPEAKER

VICTORIA GROCE

World Quizzing Champion, Jeopardy! Masters Champion, Star of ABC's *The Chase* & Forthcoming HarperCollins Author Know It All: The Quiz Champion's Essential Guidebook to Learning Anything



BIOGRAPHY

Victoria Groce is a proven practitioner of learning science. She is the first American ever to win the World Quizzing Championship and a competitor whose method, not her talent, carried her to the pinnacle of international quizzing. A fifteen-time medalist at the International Quizzing Championships, she captained the United States' national quiz team to consecutive gold medals in 2023 and 2024 and set the all-time record score at the World Quizzing Championships in 2026. She has starred as The Queen on ABC's *The Chase* since 2022, and in early 2024 she returned to *Jeopardy!* to win both the inaugural *Jeopardy!* Invitational Tournament and Season 2 of *Jeopardy! Masters*, defeating five of the greatest players in the show's history.

As a speaker, Victoria Groce brings four signature talks to independent schools, colleges and universities, student-success programs, corporate learning-and-development teams, and audiences of adult learners. Her talks carry an interactive, “beat-the-expert” element that anchors the science in a shared memory experience, and lands on the same conviction: learn better, not just score better.

SPEECH TOPICS

Memory Hygiene: A World Champion's Framework for a Sharper Mind

Victoria makes the case that memory isn't a mysterious gift. It's a capability we can protect and improve with the equivalent of handwashing and tooth brushing for the mind. She calls this framework memory hygiene. The talk moves through three principles anyone can put to work immediately: sleep and cardiovascular exercise, the “use it or lose it” cost of cognitive outsourcing, and attention as the substrate of memory.

Best-fit audiences: Adult learners, corporate learning-and-development teams, cognitive-health-curious audiences, and any organization where sustained attention and knowledge retention are competitive assets.

Mastery Alongside AI: Why You Can't Prompt What You Don't Know Is There

Victoria makes the case that AI raises the value of deep, retrievable human knowledge rather than eliminating it. She shares the specific memory, attention, and learning disciplines that build that internal base, and the mindset that separates using AI as an amplifier from using AI as a replacement.

Best-fit audiences: Corporate learning-and-development teams, executive audiences, universities preparing students for an AI-transformed workforce, and any keynote or conference where the AI conversation needs a human-centered counterpoint.

Learning to Learn: How to Turn a Lecture, a Book, or a Skill Into Something You Actually Keep

Victoria walks audiences through what she calls the learning case, the learning story, and the learning path: a three-part framework for turning intention into retention. Audiences leave with a diagnostic vocabulary for their own learning and a study protocol that works with their real life instead of demanding they carve out heroic blocks of time.

Best-fit audiences: Students in transition, first-generation college students, college and university learning centers, first-year-experience programs, and adult learners returning to school or professional certification.

Trivia as a Lab: Method Over Talent and Why None of This Is Guaranteed

Victoria uses her own path from a pre-med student defeated by organic chemistry to the top of international quiz as a proof of concept for a much larger claim: none of this is guaranteed, no one is “just naturally smart,” and mastery is a method, not a gift. The talk is built around interactive, “beat-the-expert” moments that let audiences feel the method work in real time.

Best-fit audiences: All audiences. Especially effective as a keynote opener, for prep-school parents and student assemblies, and for corporate audiences where the fixed-vs-growth-mindset conversation needs a fresh, evidence-based voice.

LEARN ANYTHING, ON PURPOSE.

Know It All The Quiz Champion's Essential Guidebook to Learning Anything

victoriagroce.com

HarperOne, February 2, 2027 · A 336-page evidence-based handbook on how to learn better and more efficiently.